**Clinician FemCap Protocol**

A. Instruct the woman to find her cervix in a squatting position.

B. Provide her with the FemCap size according to her obstetrical history and provide a link to the instructional video.

C. Recommend follow up with her health care provider to verify the position of the FemCap.

**Instructional Videos:**
- https://femcap.com/clinician-information/
- https://femcap.com/instructional-videos/